

Venue: Rajiv Gandhi Sports Complex, Singhu Border, Delhi

Date: 23rd November 2025 Selection for SGADF International Championship

Register Under.: Indian Govt. Trust Act, NITI Ayoge Govt. of India & Fit India

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INTERNATIONAL OLYMPIC COMMITTEE

Fit India Recognized By

MINISTRY OF YOUTH AFFAIRS AND SPORTS GOVERNMENT OF INDIA

Associated with .:



















SCHOOL GAMES AND ACTIVITY DEVELOPMENT FOUNDATION

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Subject: Invitation Letter of NSDF All India National Championship 2025

Respected Sir / Mam

We are delighted to extend a heartfelt invitation to your esteemed institution to participate in the NSDF All India – National Games 2025, organized by SGADF — a movement dedicated to the holistic growth of youth through sports, fitness, and inclusion.

About the Championship: This mega 1-day sporting celebration is the National Sports Development Federation , featuring a diverse mix of indoor games, outdoor events, and track & field competitions, creating a platform where talent meets opportunity.

Venue: Rajiv Gandhi Sports Complex, Singhu Border, Delhi

Date: 01 November 2025

Age Categories: Under-7 to Open Category (Boys & Girls)

We aim to inspire the next generation of champions through sportsmanship, unity, and determination. Our event is not just a tournament, but a festival of energy, inclusiveness, and dreams coming true on the field. Your school, academy, college, or sports association plays a vital role in nurturing young talents. We believe your participation will significantly enhance the spirit and standard of this national championship.

We cordially invite you to nominate your budding athletes and champion players to compete, celebrate, and rise with us. Let us together build a future where sports become the strength of every youth. "Play Bold, Dream Big, Rise Strong!"

We look forward to your enthusiastic participation and collaboration in making this festival a grand success.

Warm regards, Yours in Sports,

Copy to :-

- · Secretary of: General Secretary of SGADF
- · Ministry of Youth affairs and Sports Govt. of India



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ATHLETIC

TRACK EVENTS (Boys & Girls) 50m Run (U-7, U-9) 100m Run (All categories Boys & Girls) 200m Run (U-11 and above) 400m Run (U-14 and above) 600m Run (U-14, U-17)800m Run (U-14, U-17, U-19, Open) 1500m Run (U-17, U-19, Open)Race Walk (800m / 1500m) (U-14 and above) 4x100m Relay (U-11 and above) FIELD EVENTS (Boys & Girls) Ball Throw (U-7, U-9, U-11) Long Jump (U-9 and above) High Jump (U-14 and above) Shot Put (U-14 and above) Discus Throw (U-17, U-19, Open) Javelin Throw (U-17, U-19, Open)

BOXING

Weight-wise categories (Boys & Girls)

CRICKET

T-20 Matches (Leather & Cosco Ball) Under-7 To Open Age

CHESS

Rapid Round Classic Round Under-7 To Open Age

CARROM

Singles & Doubles Under-7 To Open Age

FOOTBALL

5-a-side / 7-a-side / 11-a-side Under-7 To Open Age

KABADDI

National Kabaddi Under-7 To Open Age Boys & Girls

KARATE

Kata / Kumite Under-7 To Open Age Boys & Girls

KICK BOXING

Point Fighting, Light Contact Under-7 To Open Age Boys & Girls

SILAMBAM

Single stick / Double Stick / Vel kambu / Maan kombu / Surul vaal (Double surul) / Single vaal vechu (Double surul) / Stick fight (thoodumurai) (Boys & Girls) Under-7 to Open Age

HOCKEY

11-a-side (Standard) – Full field hockey with two halves of 30–35 minutes each.7-a-side (Short format) – Half-field, faster-paced matches, often used in youth festivals.5-a-side (Mini hockey) – For younger age groups (under-7 to under-11), smaller pitch, simplified rules.



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TUG OF WAR

Team Event Under-7 To Open Age Boys & Girls

VOLLEY BALL

Team Event Under-7 To Open Age Boys & Girls

WRESTLING

Freestyle, Greco-Roman - Weight-wise

WUSHU

Taolu (Form) Sanda (Fight) – Boys & Girls

YOGA

Artistic Yoga Traditional Yoga Rhythmic Yoga (Boys & Girls) Under-7 To Open Age

| Age Catego | ry Birth Year (Cut-off) | Eligible Participants | | | | |
|---|-----------------------------|-----------------------|--|--|--|--|
| | | | | | | |
| Under-7 | Born on or after 01-01-2019 | Boys & Girls | | | | |
| Under-9 | Born on or after 01-01-2017 | Boys & Girls | | | | |
| Under-10 | Born on or after 01-01-2016 | Boys & Girls | | | | |
| Under-12 | Born on or after 01-01-2014 | Boys & Girls | | | | |
| Under-14 | Born on or after 01-01-2012 | Boys & Girls | | | | |
| Under-16 | Born on or after 01-01-2010 | Boys & Girls | | | | |
| Under-17 | Born on or after 01-01-2009 | Boys & Girls | | | | |
| Under-18 | Born on or after 01-01-2008 | Boys & Girls | | | | |
| Under-19 | Born on or after 01-01-2007 | Boys & Girls | | | | |
| Under-21 | Born on or after 01-01-2005 | Boys & Girls | | | | |
| Senior/Open No age limit Boys & Girls, Men & Women | | | | | | |
| Para-Athletes All age groups as per category Boys & Girls, Senior, Open | | | | | | |

Children Section (07-14 Yrs)

Male: -25 Kg, -30 Kg, -35 Kg, -40 Kg, -45 Kg, -50 Kg, -55 Kg, -60 Kg, -65 Kg, +65 Kg. Female: -22 Kg, -26 Kg, -30 Kg, -34 Kg, -38 Kg, -42 Kg, -46 Kg, -50 Kg, -54 Kg, +54 Kg.

Youth Section (15-18 Yrs)

Male: -40 Kg, -45 Kg, -50 Kg, -55 Kg, -60 Kg, -65 Kg, -70 Kg, -75 Kg, -80 Kg, +80 Kg. Female: -38 Kg, -42 Kg, -46 Kg, -50 Kg, -54 Kg, -58 Kg, -62 Kg, -66 Kg, -70 Kg, +70 Kg. **Senior Section (18 -35 Yrs)**

Male: -50 Kg, -55 Kg, -60 Kg, -65 Kg, -70 Kg, -75 Kg, -80 Kg, -85 Kg, -90 Kg, +90 Kg. Female: -44 Kg, -48 Kg, -52 Kg, -56 Kg, -60 Kg, -64 Kg, -68 Kg, -72 Kg, -76 Kg, +76 Kg. **Master Section (35 & Above)**

Male: -55 Kg, -60 Kg, -65 Kg, -70 Kg, -75 Kg, -80 Kg, -85 Kg, -90 Kg. -95 Kg, +95 Kg. Female: -48 Kg, -52 Kg, -58 Kg, -62 Kg, -66 Kg, -70 Kg, -74 Kg, -78 Kg. -82 Kg. +82 Kg



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PLAYER REGISTRATION FORM

To,

The SGADF- International Organisation 04, Surya Tower Sector-87, Noida Pin-201305

Contact.: +91-6262-51-7272

| NAME | | | | | | | | | | | | | | | | |
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| the association/ organizing committee. I hearty assume all risks of Physical /mental injuries. | | | | | | | | | | | | | | | | |
| disabilities and loss which may result will neither hold responsible to the organizer not do state | | | | | | | | | | | | | | | | |
| / national body | . Coacl | nand | offic | ial fo | rthe | sam. l | I have | e reac | dand | fully | unde | r sto | od the | e wea | verli | sted |
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TEAM REGISTRATION FORM

| Team Name | | State/District | | | | | |
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NOC FORM

To,

School Games and Activity Development Foundation

| Subject:- NOC FROM PARENTS AND C | COACH |
|--|---|
| My Son/Daughter | Studying |
| at | |
| Playing at | School/ Collage/ University/ |
| Club/Academy. | |
| Registration Fee:- 1000/- (Last Date of Registration Is 10 | Nov 2025) |
| I allow Him/Her to Participated in this National Sports 8 | & Activity Event |
| NO CONCESSION ANY KIND OF PLAYERS AND OFFICIAL A | <u>ALLSO</u> |
| SGADF INDIA there Officials Coaches Team Manager W | ill not be Responsible for any kind of |
| Accidents Case, Mishap or Casualty During Games. | |
| I am agree to pay his Registration Fee for Participated in | this Championship. Thankyou. |
| Sign to Parents | |
| Mobil Number | |
| Address | 0 |
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